



All parents wonder
if they're getting it right.

You're not alone. Sometimes it's hard to tell what your child needs, what her behaviors mean and if you're doing right by him. Imagine what it might feel like if you could make sense of what your child is really asking from you.

Circle of Security™ Parenting is an opportunity to join other parents just like you, for an 8-week class where you'll learn to:

- Strengthen your relationship with your child
- Be present with your child during the best and toughest of times
- Recognize your child's needs and make sense of his or her behavior
- Meet your child's needs by being bigger, stronger, wiser and kind

Who should attend:

Parents or Care Givers of children ages 0-6

Dates/Times:

Call 907-357-4400 for current dates and times of group

Cost:

\$75 per session; covered by most insurance companies

Presented by:

Alisa Stevens, LPC, IMH-E (II)



PTARMIGAN
CONNECTIONS

3505 E. Meridian Park Lp. Ste 200

Wasilla, AK 99654

Ph: [907.357.4400](tel:907.357.4400) | e-mail: info@pc-ak.com

www.ptarmiganconnections.com